



LACEBY STANFORD SCHOOL

RSE Curriculum 2022/23



'Growing Up Safe' programme – to be delivered in conjunction with Big Talk (Summer Term)

	Families and people who care for me	Caring Friendships	Respectful Relationships	Online Relationships	Being Safe	Internet Safety and Harms (Health Education)	Puberty	Reproduction	NC for Science
FS/Year 1	Recognise who to trust and who not to trust, how to judge when a friendship is positive or not, how to manage or seek help in these situations	Characteristics of friendships including mutual respect, truthfulness, trustworthiness, loyalty, trust, sharing interests and experiences and support with problems and difficulties	The importance of permission seeking and giving in relationships with friends, peers and adults	<p>That people sometimes behave differently online, including the importance of respect for others online including when we are anonymous</p> <p>The rules and principles of keeping safe online, how to recognise risks, harmful contact and content and how to report it</p> <p>How to critically consider their online friendships and sources of information including awareness of risks associated with people they have never met</p>	<p>Appropriate boundaries in friendships with peers and others (including online)</p> <p>Law and consequences relating to content on and offline, including films, games, DVDs, TV programmes and pornography</p> <p>The impact of viewing harmful content</p>				Teaching about the main external body parts



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				<p>How information and data is shared online</p> <p>About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising materials placed online</p>					
Year 2/3		<p>Characteristics of friendships including mutual respect, truthfulness, trustworthiness, loyalty, trust, sharing interests and experiences and support with problems and difficulties</p>	<p>The importance of self-confidence and positive body image, and how this links to own happiness</p> <p>The some children may feel different on the inside to how they look on the outside (transgender) and that if that happened to them, who they could tell</p>	<p>That people sometimes behave differently online, including pretending to be someone they're not</p> <p>That the same principles apply to online relationships as face-to-face relationships, including the importance of respect for others online, including when</p>	<p>What sort of boundaries are appropriate in friendships with peers and others (including in a digital context)</p> <p>Law and consequences relating to content on and offline, including films, games, DVDs, TV programmes and pornography</p>	<p>Why social media, some computer games and online gaming, for example, have age restrictions</p>			



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				<p>we are anonymous</p> <p>The rules and principles of keeping safe online, how to recognise risks, harmful content and contact, and how to report them</p> <p>How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met</p> <p>How information and data is shared and used online</p> <p>About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing</p>					
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				potentially compromising material placed online					
Year 4	Different types of families, same sex, foster families						Key facts about puberty and the changing adolescent body, particularly from age 9 through to 11, including physical and emotional changes	About the structure and function of the male and female reproductive systems, that women have ovums and men produce sperm, when these combine a baby can be made, this is called 'sex', information on gestation and birth	Teaching about changes to the human body as it grows from birth to old age including puberty
Year 5/6	Revise coverage from previous years – child led approach. Additions for Y5/6 – further discussions on wet dreams and menstruation, dealing with peer pressures, dealing with social media pressures and body image, the importance of personal hygiene and body changes – both mentally and physically.								