

# What's Important at Home Right Now?

## A Guide for Early Years and Key Stage 1

We hope this guide gives you all you need to keep your home a happy home during remote learning. At Stanford School we understand the pressures of having your children at home and learning, we know it's hard and we want to help in every possible way. Use these points as a guide:

- ❖ Your health and well-being are THE MOST important things right now. Being OK is vital if you and your children are to be happy.

**Happy Adults + Happy Children = Successful Learning Environment.**

- ❖ Reading and phonics are key in Early Years, Year 1 and Year 2. Reading pictures, reading text, reading actions, faces and people and understanding what we see is the basis for all our learning. Enjoy books, sequence pictures, pretend to be characters, draw scenes and play make believe, watch your phonics videos, make and read words, tell stories, listen to stories and most of all talk about them. Spelling shed is fun and E-books are great to share. Both of these are easy to access. English work on Teams is just what your child needs to keep learning at their level too.
- ❖ Using Numbers is a skill for life too. If your child can watch the White Rose Maths video links and follow up with either the work or fun games on Teams, then this is great. But if this is too much, play with numbers, count things at home, chalk numbers outside, play dice games, count coins, make groups of objects then take some away, bake cakes then eat some – how many left? Maths can be all around us!
- ❖ Most importantly: Make it Fun, Praise the Great things your child does (ask them to show you a 'celebration' they use at school).

**Always stop before things get too tough! Have breaks with the fun video links sent on Teams and relax – you're doing a great job!**

### **Numbers you may find Helpful**

Education and Children's Social Care 0800 0468687

Psychology Advice Line 01472 323308

Community Educational Psychology Service Advice Line (For parents and carers to request advice regarding Covid-19 related difficulties) continues to be available on 01472 323308.

Blue Cross – 0300 777 1840

Childline – 0800 1111

Citizens Advice Bureau – 03444 111444

Domestic Abuse Support – (01472) 575757

Multi-Agency Safeguarding Hub (MASH) (01472) 326292

NHS – 111

North East Lincolnshire Council (01472) 313131

NSPCC (24hrs) – 0808 8005000

Humberside Police (non-emergency) – 101

Samaritans – 116 123 (free from any phone)

The Blue Door Domestic and Sexual Abuse Service 0800 197 4787