

INVITATION TO JOIN THE



Parent Led Advocacy Course for Family members living in Yorkshire and Humber.



Monday 5th June 2023
10.00am - 1.00pm

Monday 12th June 2023
10.00am - 1.00pm

Monday 19th June 2023
10.00am - 1.00pm

Monday 26th June 2023
10.00am - 1.00pm

Monday 3rd July 2023
10.00am - 1.00pm

Monday 10th July 2023
10.00am - 1.30pm

Bringing Us Together is delighted to be able to bring you a team of highly skilled and experienced trainers including those with lived experience for a special 6 session course designed for Yorkshire and Humber families and parent carers.

Our sessions are welcoming, supportive and informative. Open to any parent or family member with an autistic child and/or a young person with a learning disability.

We recommend booking on all 6 courses and if you are unable to attend any we can send you the recording.

for more information, please email
katie@bringingus-together.org.uk

to book a place contact tony@bringingus-together.org.uk

Monday 5th June 2023 - 10.00am to 1.00pm

Getting to know one another.

We are all trying to spin too many plates and have a lot we are juggling with. This workshop will give us an opportunity to share ways to deal with our stress and anxiety and to learn more about our triggers.

Hosted by Tony and Jenny

Tony Bamforth – Workshop and course designer, writer and facilitator, wellbeing oriented, worked with disabled people and families for over 20 years across the UK



Jenny Clare - Mother and Grandmother, mindfulness and Yoga practitioner, Educator with national and international experience of working with parents and carers of children and young people with a wide range of disabilities.



Monday 12th June 2023 - 10.00am to 1.00pm

Learn about the Social Model of disability and having a rights based perspective on getting the best for our children.

This session will focus on Children's Rights, Human Rights and sharing lived experience.

Hosted by Nikki, Anya and Alison.

Nikki Clarke - sibling of a disabled adult, advocating for children and young people's rights, and undertaking a Masters in human rights law



Anya Macdonald - an autistic young adult, sharing lived experience to improve services and increase understanding and acceptance for autistic people



Alison Owen - a self-advocate peer support worker and trainer. Alison has a learning disability and is passionate about supporting others to have a voice.



Monday 19th June 2023 - 10.00am to 1.00pm

Learn more about the different types of advocacy and hear our stories of peer advocacy and what we mean by this. Understand about what makes us brave and individual leaders. The latest updates on national changes and reviews Hosted by Hazel and Kate.

Hazel Griffiths -

Retired nurse, parent carer for my older autistic son. Campaigner and advisor involved in promoting the rights and needs of families with children and young people with a wide range of disabilities.



Kate Mercer - trains and supports Independent Advocates



Monday 26th June 2023 - 10.00am to 1.00pm

Meetings working together for the child/young person, types of meetings, cultural barriers, following up after the meeting.

How to stay calm, in control and getting the best out of them with a focus on those children out of school

Hosted by Hannah and Louise.

Hannah Otoo - parent of a young man who has been an inpatient. Hannah is a founder of two charities including a school in Ghana.



Louise Parker Engels, Co founder of Define Fine: Parent Peer Support for School Attendance Difficulties, with lived experience of parenting SEND children with barriers to attendance.



Monday 3rd July 2023 - 10.00am to 1.00pm

**'Person Centred Planning - How to make it real
Hosted by Sam.**

**Sam Sly - Ensuring people's plan for their futures
reflect their strengths, hopes and dreams**



**Starting to planning for housing
What you need to know to find the right housing and the right
support for young disabled people and adults to have a great life.
Hosted by Jayne**

**Jayne Knight - is a specialist in how to get housing
for people with disabilities to live their
best lives in the community**



Monday 10th July 2023 - 10.00am to 1.30pm

Deputyship

Kirsty Stuart from Irwin Mitchell will talk about deputyship

End of course and goodbyes from 12.30 to 1.30pm.

**Kirsty Stuart - is an Associate Solicitor in the
Public Law and Human Rights team in Newcastle
at Irwin Mitchell.**



**As well as having her own lived experience
Kirsty is involved in lots of parent support groups.**