

NEURODIVERSITY NEWSLETTER

Newsletter - December 2025

Welcome!

Wishing you a joyful festive season from all of us! As we celebrate this time of year, let's continue to embrace the unique strengths that neurodiversity brings to our communities. Thank you for being part of this journey, here's to a bright and inclusive New Year!

In this edition, we share exciting updates on our neurodevelopmental service transformation, innovative programmes, and inspiring community initiatives.

A heartfelt thank you to [NELPCF](#) and all our colleagues across the borough for your continued support and collaboration.

Enjoy this issue, and let's stay connected, there's plenty more to come in future editions!

Christmas Tips!

Christmas is often a time of happiness and celebration, but it can present challenges for some autistic children and young people (CYP) and adults.

Working alongside families and autistic CYP, the National Autistic Society has put together a list of autism-friendly tips to help make the festive season more manageable. With thoughtful planning and clear communication, we hope these suggestions support you in creating an enjoyable Christmas experience.

See the tips [here](#)



Christmas tips for parents and carers



Please note copy submission deadline dates for 2025/26 newsletters are as follows:

May/June, Nov/Dec



Navigo: Neurodevelopmental Service

Stay Informed: Keep checking the Neurodevelopmental Service section on the Navigo website for the latest updates and information.

Referral Form: Looking to make a referral to our service? Be sure to use the latest referral form available on the NAVIGO Neurodevelopmental Service website. This ensures you stay updated with the latest information and receive the support you need while you wait. Your journey with us starts with the right form! ✨ Visit [NAVIGO Neurodevelopmental Service here](#).

Neurodevelopmental Assessment referral form feedback: Since introducing the updated Neurodevelopmental Assessment referral form in 2024, we've gathered feedback from professionals and parent carers to understand its impact. All stakeholders were invited to share their experiences regarding usability, clarity, and overall effectiveness. Their insights provide valuable perspectives on what is working well and where further refinements may be needed to ensure the form continues to meet the needs of all involved.

"I liked the way it was broken down into sections. Helped me provide the correct information"

"Liked the layout and that someone else outside of school can have their input"

"Easier to submit info in categories given - helps focus thoughts"

"The new form is much easier to complete and understand."

ADHD Treatment Requests following private diagnosis or transfer of care:

We now have a referral form for these requests that can be completed by any health, education or social care professional. Please [visit for more information](#)

Waiting Well:

Mathews Hub interactive workshops: We are now sharing links to new updated workshops via Mathews Hub for those accepted for assessments. The session offers do change so please check the link below for the most recent updates.

You may be interested in the online training sessions Matthew's Hub are offering, for a small fee, on topics to support parents/carers and young people while awaiting an assessment. For more information, please visit: www.ticketsource.co.uk/matthews-hub

Early Bird: We have text all those awaiting on the autism pathway to update them about the EarlyBird, EarlyBird Plus & Teen Life programmes that are starting in the new year through the local authority. There is still a face-to-face introduction session for this on 9th December 2025. For anyone who wishes to sign up please use this [link](#):

Workshop for Integrated Neurodiversity Group Support (WINGS)

Recent Cohort update:

- 10 families invited and 5 remained regular attendees. We have started inviting 'reserve' families in the hope of keeping places filled for those who may not be able to attend after initially accepting.
- Session 4 - Support for you and the family update. We are now inviting local support services to come in to update attendees on their service and this was a huge success!
- Feedback so far has been lovely for this cohort and has been summarised below:

Generally, parents/carers find that being around other families in the same or similar situations really useful and they appear to enjoy sharing thoughts, ideas, and experiences. In terms of the course content itself, we have had a positive response, with some attendees expressing that they have taken something useful away from each session, and it has provoked them to think about some things in a different light. Some of the topics covered, they have expressed they already know about and experience firsthand, however they do still seem to enjoy engaging in conversations around these topics and nobody thus far has expressed they feel any of the topics covered are irrelevant or not useful in some way. We have asked for feedback at the end of each session in the form of a 'trash' and 'treasure'. Our current families have expressed they would like other options of giving feedback. This is something we will take on board and discuss, to improve ways of getting feedback moving forward.

Navigo: Neurodevelopmental Service cont.

Waiting time updates: We continue to send out quarterly texts to those awaiting an assessment advising of updates. Whilst we know waiting can be difficult, please avoid contacting the service for updates, as we're unable to give exact timeframes and we are working hard to reduce the wait. Thank you for your patience and understanding.

- **Over 5's Autism pathway**, children and young people whose referrals were accepted in **WINTER 2023-2024** are now beginning to be seen for assessment
- **Under 5's Autism pathway**, children and young people whose referrals were accepted in **WINTER 2024-2025** are now beginning to be seen for assessment
- **ADHD pathway**, children and young people whose referrals were accepted in **SUMMER 2023** are now beginning to be seen for assessment

Please note for Access Pathway referrals that this is the timeframe of when your child's Access Pathway referral was referred into the Young Minds Matter assessment team.

Handy Hints & Tips

1. **Advice Line:** Need advice before making a referral? Call our Advice Line at 01472 252570 (option 2).
2. **Appointment Attendance:** If you can't attend an appointment, please notify us as soon as possible.
3. **External Assessments:** Let us know if you access assessments outside local pathways. This helps us update our waiting list and reduce wait times for other children and families.

Thank you for your patience and support!

Compass Go Update:

MHSTS Wave 9 - Key outcomes:



Referrals

104 referrals for one-to-one support across 11 specialist and alternative provisions.



Pods

7 Pods delivered for small group interventions, plus 3 Parent Pods attended by 58 parents/carers.



Workshops

18 workshops delivered to 199 children and young people on topics like *Me and My Brain*, *Anxiety*, and *Resilience*.



Staff Training

11 staff training sessions delivered to 69 education staff on wellbeing and coping strategies.

Wave 9 Mental Health Support Teams (MHSTs) – What It Means

Wave 9 marks the latest expansion of MHSTs, embedding mental health expertise in schools and communities. For NE Lincolnshire, this means:

- More access to mental health practitioners in education settings
- Stronger links with CAMHS, SEND and neurodiversity projects
- Focus on prevention to reduce escalation to specialist services

Highlights:

- CYP: Greater confidence & resilience; success stories include returning to school after severe anxiety & completing Duke of Edinburgh awards. **“Thank you for seeing me, not my autism. I was just me.”**
- Parent Carers: Parent Pods empower families with coping strategies. **“Wonderful that all children were embraced for their individuality.”**
- Schools: Improved wellbeing strategies and strong partnerships with Compass Go. **“The support has been amazing; it really made a difference to our learners.”**
- Collaboration: Working with CAMHS & PINS to support neurodivergent children & deliver SEN-specific training.
- Adapted Resources: CBT tailored for SEN and neurodivergent children using simplified language and visuals.

SPACE Forum Highlights



Settings, Parents and Carers for Education
North East Lincolnshire

SPACE Forum Highlights

- **Purpose:** A collaborative event bringing together parent carers, educational settings and local services across North East Lincolnshire to share knowledge, experience, and support for children and young people.
- **Feedback:** Attendees describe the forum as friendly, informative, and beneficial for networking.
- **Upcoming Dates:**
 - **Grimsby Town Hall, 9:30am - 11.30am**
 - 10th March 2026
 - 7th July 2026
- **Impact:**
 - 19 forums held since Sept 2023
 - 581 attendees
- **Training Topics:**
 - Handling Meetings
 - Coproduction
 - SEND Support
 - Mental Health & SEMH
 - Transition
 - Makaton
- **Resources:**
 - Autism & Neurodiversity page on the NELC SEND Local Offer
- **Services Involved:**
 - Neurodevelopmental Service
 - SENDIASS
 - NELPCF
 - Independent Specialist Teachers
 - Compass GO



Provisional agenda for 10th March: What is PDA? - An Overview & information

- A clear introduction to Pathological Demand Avoidance (PDA), including its key characteristics.
- An explanation of why it's not a diagnosis used in the NHS across the country
- Sharing of some of the wider societal debates about PDA

Open to: All educational settings (nursery to post-16), all parent carers and local services in NEL.

Sensory Rooms & Resources



Family Hubs

All Family Hubs in North East Lincolnshire have a sensory room. The sensory rooms are available to book free of charge at each Family Hub – call to book a session. Details of all Family Hubs can be found here: [Family hubs | NELC](#)



Lincs Inspire

Multi-Sensory Room opens at Cleethorpes Library

A new sensory room offering a quiet and calm space for neurodiverse people is now open. The Sensory Room is now available to hire for hourly sessions at £2.50 per session. It can also be booked for a half day at £5 or a full day at £10. It is suitable for one family or group with a maximum four people at a time.

Whilst everyone is welcome to use the room, it is primarily for families with children or young adults with sensory needs.

Equipment in the room includes: a pop-up sensory pod, an astronaut star projector, soothing objects, liquid tiles, sensory fidget tubes, a weighted blanket, a white noise machine and much more.

To book the Sensory Room, call Cleethorpes Library on (01472) 323650. Walk-in appointments may be available during opening hours.

[Multi-Sensory Room opens at Cleethorpes Library - Lincs Inspire](#)



Our Sensory Library gives people the opportunity to be loaned sensory resources and find out what works for them, at no cost.

We have found that this is particularly useful for people thinking about buying sensory equipment but want to explore what is right for the individual before making a purchase.

The items available include, but not limited to:

- vibrating cushions
- star projectors
- tactile sensory items
- weighted blankets

Find more information at <https://linkage.org.uk/services/outreach/sensory/library/>

Training - Parent Carers

Parent/ carer sleep support workshop (online)

The workshop has been specifically designed for families who have children with SEND and sleep issues. Content: Sleep patterns, the relationship between melatonin and cortisol, sleep associations, sensory considerations, dietary considerations and sleep promoting food, environmental factors affecting sleep, the bedtime and pre bedtime routine

2.5 hours

KIDS Yorkshire and Humber

Tuesday 2nd December 2025 09:30-11:30

Monday 9th February 2026 18:30-20:30

<https://forms.office.com/e/Ni63jAu9XN>

Dyslexia Awareness for parents and carers (online)

What is dyslexia and how does it feel? How does dyslexia impact the cognitive processes associated with spelling and reading? What is the effect on processing instructions? Practical support strategies using a needs led approach

2 hours

Dyslexia Sparks

Saturday 10th January 2026 13:00-15:00

<https://forms.office.com/e/1qh9gK5SZL>

Understanding Neurodivergent Children and the Impact of Parenting a Neurodivergent Child

2 hours

Tuesday 20th January 2026 9:15-11:30

Grimsby Town Hall

<https://forms.office.com/e/ULDVGDDc9T>

Managing Mental Health Difficulties in Neurodivergent Children

2 hours

Tuesday 3rd February 2026 9:15-11:30

Grimsby Town Hall

<https://forms.office.com/e/ULDVGDDc9T>

Emotion Coaching Reflective Drop In Session

If you attended the Introduction for Emotion Coaching Workshop for Parents & Carers of Neurodivergent Children as part of the PINS project we would like to invite you to this drop in reflective session to give you the opportunity to reflect and ask any further questions.

2 hours

Wednesday 4th February 2026 12:00-14:00

A Big Thank You!

We loved seeing so many of you at the Emotion Coaching workshop at Grimsby Town Hall on 18th November. It was fantastic to share ideas and explore ways to support our children's emotional wellbeing together.

We're excited to keep the conversation going! Join us for an Emotion Coaching Reflection Session on Wednesday 4th February 2026, 12pm - 2pm at Grimsby Town Hall. This is a relaxed chance to reflect on what's worked for you, share experiences, and ask any questions you've thought of since the workshop.

Pop the date in your diary – we'd love to see you there!

Early Years Training Offer: Our next Early Years Supporting Neurodiverse Behaviours course for professionals is on Thursday 4th December at the Town Hall 9:30-3:30.

It's currently free and bookable via angela.wools@nelincs.gov.uk.

The training covers:

- Understanding neurodivergence.
- Recognising emerging neurodivergent behaviours.
- Recognising and understanding neurodivergent play.
- Strategies and support for neurodivergence within the early years

Partnerships for the Inclusion of Neurodiversity in Schools (PINS) Project: The PINS Project offers fully funded training as part of a national initiative to embed inclusive practices and improve outcomes for children in mainstream education. We are now delighted to offer these training opportunities to all schools across North East Lincolnshire.

Overview

- Provider: Humber and North Yorkshire ICB (PINS Project)
- Purpose: Funded national initiative to embed inclusive practice and improve outcomes for children in mainstream schools.
- Access: Online courses and workshops; recordings and resources will be available on [Humber TCP – The Humber Transforming Care Partnership](#).

Training Offer:

1. Self-paced Online Course

- **Neurodiversity Awareness** (30-minute course)
 - Coproduced with neurodivergent people.
 - Covers understanding neurodiversity and common conditions.
 - Available anytime via [Training – Humber TCP](#).

2. Live Online Workshops (Jan 2026 – Mar 2026) *(Priority for schools in Humber & North Yorkshire; PINS schools prioritised)*

- **Neuro-inclusive Environments:** Empowering staff to create inclusive settings.
 - Dates: [Book here Tue, Jan 20, 2026 at 3:45pm](#) or [Book here for Tue, Feb 10, 2026 at 3:30pm](#)
 - Duration: 2 hrs
- **ADHD Awareness & Classroom Strategies:** Understanding ADHD and practical support.
 - Dates: 26 Jan 2026
 - Duration: 2 hrs
 - [ADHD booking link](#)
- **Edusleep – Sleep Support** - Sleep hygiene and SEND links.
 - Dates: 28 Jan 2026
 - Duration: 2 hrs
 - [Edusleep booking link](#)
- **Autism with a demand avoidant profile - An introduction for educators:** Flexible approaches for educators.
 - Dates: 27 Jan 2026, 4 Feb 2026
 - Duration: 2 hrs
 - [Autism with a demand avoidant profile booking link](#)
- **Tics & Tourettes Awareness:** Understanding triggers and classroom impact.
 - Date: 3 Feb 2026
 - Duration: 1.5 hrs
 - [Tics and Tourettes booking link](#)
- **Child-to-Parent Abuse (Multi-agency approach):** Risk factors, case studies, practical advice.
 - Dates: 4 Feb 2026, 12 Mar 2026
 - Duration: 1 hr
 - [PEGS - Child to parent abuse awareness](#)

Extra Resources

- Workshop recordings and toolkits will be uploaded to the Humber TCP website.

Horizon

Horizon Youth Zone is a brand new youth charity, set to provide thousands of young people with the opportunity to discover their passion and their purpose.

Located in the heart of Grimsby, it will be a safe and inspiring place for young people aged 8 – 19, and up to 25 for those with additional needs, to enjoy their leisure time.

Horizon Youth Zone is based upon the successful OnSide Youth Zones Model, where members will have access to state-of-the-art facilities for a cost of £5 per year and only 50p per visit.



Inside the Youth Zone young people will have a choice of over 20 fun and engaging activities every day including sports, arts, music, media, dance, drama, cooking, employability and enterprise workshops. This will be coupled with support from highly skilled youth workers who truly believe in young people.

Horizon Youth Zone is being delivered in partnership with OnSide Youth Zones and North East Lincolnshire Council and is supported by a number of businesses and philanthropists.

For more information click here: [Home Page - Horizon Youth Zone](#)

NELPCF



NELPCF Tranquil Thursdays

These sessions are open to all parent carers or grandparents of children and young people aged 0-25 who have, or may have, SEND. These wellbeing sessions are a much needed boost for many parent carers: you can't pour from an empty cup. Tranquil Thursday sessions take place every other Thursday, during term time only, from 12pm-2pm. Check the [NELPCF Facebook page](#) to confirm the next date.

NELPCF Walking Group

This group is open to all parent carers or grandparents of children and young people aged 0-25 who have, or may have, SEND. We welcome you to come and join us for a light walk and a chat with people who understand. Connect with parent carers whilst connecting with nature. Due to the colder weather, these groups may be less frequent. Please keep an eye on our [Facebook page](#) for details of the next Walking Group.

NELPCF Paperwork Support Cafe

These sessions are for parent carers to attend to complete paperwork, such as input for Educational Health and Care Plans (EHCPs), Disability Living Allowance (DLA), Personal Independence Payment (PIP) or Neurodevelopmental referrals. We are unable to complete or advise on answers but we can explain the questions. We will signpost you to other services if more support is needed. Check the [NELPCF Facebook page](#) to confirm the next date.

Chatterbug

Did you know you can have access to Speech Therapy services?

Chatterbug Speech and Language Therapy is proud to be commissioned by NELC to deliver Speech and Language Therapy (SLT) support across different levels for children, young people, parents, carers, and professionals in the local community. We provide assessment, support, intervention, and training through two key programmes – Early Communication Builders (ECB) and the Mastering Communication Programme.

Our goal is to make high-quality SLT support accessible to all, helping children and young people develop confidence, communication skills, and independence. We also run services to support parents and professionals, including drop-in sessions for parents with SLTs and courses on demand through our Chatterbug Academy, giving families and professionals practical strategies and expert guidance. You can find out exactly what services are available and how to access them by visiting our website: <https://chatterbug.com/NEL/>.

In addition to our commissioned NEL services, Chatterbug also offers a range of other Speech and Language Therapy and training options for families and educational settings across the UK. If you're interested in exploring further support, please visit:

[Private Clients - Chatterbug](#)

[School Services - Chatterbug](#)

If you would like to stay informed and subscribe to all our communications, please use this link: [Click to subscribe](#)



KindMind – Supporting the Neurodiverse

KindMind – Supporting the Neurodiverse

A collaboration between NELC & Axis Recruitment



What We Do

KindMind provides advice, guidance, signposting and accredited training for anyone who cares for, supports or teaches children/young people with neurodiverse needs.

Support Services

Helpline, email and website chat support - Quick access to advice and signposting
Practical guidance tailored to individuals and organisations

Training Opportunities:

CPD-accredited, evidence-based training and training that meets best practice standards

Designed for teachers, carers, parents and professionals

Flexible delivery options: face-to-face or online

Topics include Autism, ADHD, Behaviour Analysis and more

Advice & Enquiries

Advice Hotline: 0115 959 7770

Email: info@kindmind.support

Booking Training Courses

To book any KindMind training courses, please contact us by phone or email using the details above.

NAS Autism Friendly Award



The National Autistic Society (NAS) have partnered with East Midlands Railway (EMR) to make public transport more inclusive for autistic people. Through NAS's Autism Champions training, staff gained the skills to support passengers and create positive travel experiences. This work has already made a difference, with EMR earning the Autism Friendly Award for the Skegness - Nottingham line.

Preparing for Autism Acceptance Month

The NAS delighted to introduce their free education resources for World Autism Acceptance Month 2026.

This year, there is even more support for schools. New resources will be released each month leading up to April, including lesson plans, assembly packs, activity sheets, practitioner guides, and updated content on autism, misinformation, support needs, and more.

These free materials are designed to help both primary and secondary schools explore autism, foster acceptance, and encourage meaningful conversations.

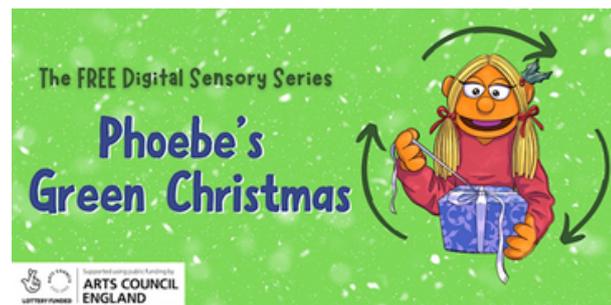
They are also adding activities for home learning this year too.

Click the link to find out more: <https://waam.autism.org.uk/school-resource-packs>



FREE Festive Digital Sensory Show: Phoebe's Green Christmas

Arts, the award-winning inclusive theatre company, about their FREE festive digital sensory show – Phoebe's Green Christmas! This eight-part children's series stars Phoebe the puppet in a fun, magazine-style format.



Join Phoebe the puppet on her mission to make Christmas kinder to the planet through creative ways to reduce, reuse, and recycle.

Packed with music, puppetry, and sensory fun, this eight-part series offers meaningful, accessible entertainment for children at home, in school, or in care settings.

-  Watch the trailer: www.christmasforkids.org.uk
-  Register now – available from 3 Nov 2025 to 9 Jan 2026.

Don't miss this chance to bring joy and inclusivity to your festive celebrations!

Oral Health Resource:



Check out toothPASTE – a free online resource supporting autistic children's oral health: autismtoothcare.com. Developed with parents and professionals, it offers practical tips for toothbrushing, reducing sugary foods, and attending dental appointments. Autism-informed, non-judgemental, and easy to use, it's also helpful for children with additional needs.

-  Learn more about the research behind toothPASTE
 -  Read the [press release](#)
- For more information, contact A.Chauhan@leeds.ac.uk.

The Elective Home Education team

The Elective Home Education team

The Elective Home Education team are offering drop ins for parents/carers and professionals to answer any questions you may have about elective home education. This is open to all- whether you are currently home educating or thinking about it. We are here to provide information, advice and guidance so come and join us for a cuppa at one of our sessions. This might include celebrating your child's education or discussing any concerns you may have. You can find us at:

Immingham family hub every Monday (during term time) 1-3.30pm
Central family hub (during term time) 1.30-4pm
Nunthorpe family hub (during term time) every Friday 9.30-12am

Alternatively, you can contact us via email: electivehomeeducation@nelincs.gov.uk
Telephone, text or WhatsApp: 07765351485

Or visit our website: www.nelincs.gov.uk/EHE

Support services in NEL

In the following sections we have provided a summary of support services within NEL and what they do. Don't forget to check out the Local Offer too [NELC SEND Local Offer | North East Lincolnshire Special Educational Needs & Disability \(nelincs.gov.uk\)](#).

Service	What they do	How to contact
<p>Family Hubs</p> 	<p>Family hubs bring together services to offer help and support to children and young people aged 0 to 19 and their families.</p> <p>You can speak to a range of professionals such as our advisers, health visitors, school nurses and other family support services to work through issues that may arise during a child or young person's life.</p>	<p>Family hubs NELC (nelincs.gov.uk)</p>
<p>FIS - Families First Information Service</p> 	<p>The Families First Information Service is a free, impartial information service for families with children aged 0-19 years.</p> <p>If you are looking for childcare, you can use the directory to search for childcare or contact the service directly.</p>	<p>fis@nelincs.gov.uk 01472 326292 option one</p> <p>Family Information Service Directory NELC (nelincs.gov.uk)</p>
<p>We Are F.I.S.H. CIC</p> 	<p>We Are F.I.S.H. are a community based, not for profit organisation focused on supporting members of the local community, particularly young people and families. Through various activities such as a community cafe, volunteer opportunities, and youth activities, they aim to improve the health and well-being of individuals by providing access to outdoor sports and our community allotments.</p>	<p>Phone: 01472 470603</p> <p>Email: catchus@wearefish.org.uk</p> <p>Website: Home</p>
<p>Parent Carer Forum</p> 	<p>NELPCF is a collective voice for parent carers of children and young people with SEND in North East Lincolnshire. They make sure that parents' views and experiences influence local services to make things better.</p>	<p>Email: nelpcf@gmail.com</p> <p>Website: NELPCF https://www.facebook.com/NELPCF</p>
<p>SENDIASS</p> 	<p>SENDIASS North East Lincolnshire is a free service for children and young people with special educational needs and disabilities and their parents and carers. It's impartial and we give confidential information, advice and support in relation to special educational needs and disabilities (SEND) and related health and social care matters.</p>	<p>Email: ask@nelsendiass.org.uk</p> <p>Phone: 01472 326363</p> <p>Website: www.nelsendiass.org.uk</p>



Support services in NEL

Service	What they do	How to contact
<p>Support as a carer</p> 	<p>The Carers' Support Service is the main port of call for Carers in Northern Lincolnshire. There is a range of free and confidential practical and emotional support on offer.</p>	<p>Phone: 01472 242277 Website: Carers Support Service</p>
<p>National Autistic Society, EarlyBird, EarlyBird Plus and Teenlife</p>	<p>NAS sessions will be starting in North East Lincolnshire this January 2026. These sessions provide support and information for parent carers and professionals with a child who is currently waiting for an autistic assessment or has received a diagnosis.</p>  	<p>Register your interest here:</p>
<p>If you are concerned that a child is being abused, or they may be at risk of harm, you should contact NELC Integrated Front Door Service to make a referral.</p> <p>For concerns around mental health use the 24/7 mental health Single Point of Access on 01472 256256 (option 3) or freephone 08081 968442</p> <p>If life is at imminent risk, call the emergency services on 999.</p>		

Support for Children & Young People (CYP)

Find out more about	Who/Where?	What will you find?
<p>Generation Z</p> 	<p>We'd love you to come along to our meetings on the last Friday of every month, 2pm-4pm. Contact details: Tel: 01472 242277</p>	<p>Are you aged 18 to 25? We want to hear from you! We are launching our new Peer Support Group specially for young adult carers</p>
<p>Young Carers</p> 	<p><u>Young Carers - Carers Support Service (carerssupportcentre.com)</u> For more information about the services and activities available for Young Carers in North East Lincolnshire. Contact details: Tel: 01472 326294 (option 3 then option 2) Email: admin.yps@nelincs.gov.uk.</p>	<p>CYP of any age who have a family member with an illness, medical condition or disability. They may look after or help look after their parent, brother, sister or Grandparent or other family member. Find out more information about activities & groups for young carers, other services for support,</p>



Support for Children & Young People (CYP)

Find out more about

Compass GO



Who/Where?

Compass GO... Mental Health Support Team works with children, young people, families and educational settings in NEL.

Contact details:
Tel: 01472 494 250
Email: nelincsmhst@compass-uk.org
Email: compass.go.mhst@nhs.net

What will you find?

Support, help & advice for pupils, students & schools for issues related to emotional & mental health wellbeing. Compass work with educational settings across NEL providing advice, information & support to staff in promoting emotional & mental health wellbeing. Compass work with CYP on a 1:1 basis offering Cognitive Behavioural Therapy intervention.

Faraway



Faraway is a not-for-profit social enterprise community interest company that actively works to create inclusive communities through enabling autistic people to raise awareness of autism within their local community and support the community to deliver services that are accessible for all people.

Contact details:
Tel: 07835 034014
Email: info@thefarawaycic.org
Address: Neurospace
Queen Street
Grimsby
DN31 1QG

The company's activities will provide benefit to people with unique minds, in particular, autistic adults. They provide:

- A place to plan & realise bright futures by supporting people to develop their own activities, employment opportunities & peer support services.
- Give people a chance to reduce social isolation & improve self-confidence & social skills by providing person centred services & activities.
- Opportunities to create inclusive communities through enabling autistic people to raise awareness of autism within their local community & support the community to deliver services that are accessible for all people.
- Provide employment opportunities for autistic adults that will enable them to support their peers in accessing employment, local health & other social care services & through mentoring.

Would you like to get involved?

Please feel free to come along - We look forward to seeing you!

Event

SPACE Forum



Who is it for?

All parent carers & staff from all educational settings (Nursery to College)

When is it?

Tuesday 10th
March 2026
9.30am - 11.30am
Grimsby Town
Hall

how do i get involved?

The SPACE Forum is the only forum within NEL that includes parent carers & setting staff working in partnership. See [here](#) for more information & notes of the last meeting

NELPCF Parent carer school drop-in events

Parent carers of children and young people **who attend this setting only**

Contact NELPCF, details on page 16

Come along to any of these events if your CYP attends the school/ setting & meet representatives of NELPCF & other parent carers. For further information please contact the NELPCF directly (page 16).

